


# Pool Schedule July 23 - August 16

## Competition Pool

Sunday 8am-6:30pm	Monday 6am-8:00pm	Tuesday 6am-8:00pm	Wednesday 6am-8:00pm	Thursday 6am-8:00pm	Friday 6am-5:30pm	Saturday 8am-6:30pm
Adult Lap Swim (2 Lanes) 8am-12pm	Masters Swim 6am-7am	Adult Lap Swim 6am-9am	Masters Swim 6am-7am	Adult Lap Swim 6am-9am	Masters Swim 6am-7am	Water Polo Clinic (Only 1 lap lane available) 8am-9:30pm Begins Aug 5
Learn-to-Swim (2 Lanes) 8am-12pm	Adult Lap Swim 6am-9am		Adult Lap Swim 6am-9am		Adult Lap Swim 6am-12pm	
Family Swim 12pm-6:30pm	Aquaerobics 9am-10am	Aqua Zumba 9am-10am	Aquaerobics 9am-10am	Aqua Zumba 9am-10am	Aquaerobics 9am-10am	
	Learn-to-Swim (Ends Aug. 3) 9:30am-12pm	Learn-to-Swim (Ends Aug. 3) 9:30am-12pm	Learn-to-Swim (Ends Aug. 3) 9:30am-12pm	Learn-to-Swim (Ends Aug. 3) 9:30am-12pm	Camp Chai Rec Swim 12pm-1:30pm	Adult Lap Swim 9:30am-12pm
Do you have any aquatics questions? Contact Oskar Petersen, Aquatics Director 348-4497	Camp Rec Swim Ends August 11 12pm - 1:30pm	Camp Rec Swim Ends August 11 12pm - 1:30pm	Camp Rec Swim Ends August 11 12pm - 1:30pm	Camp Rec Swim Ends August 11 12pm - 1:30pm	Family Swim 12pm-5:30pm	Family Swim 12pm-6:30pm
	Family Swim 12pm-8pm	Family Swim 12pm-8pm	Family Swim 12pm-8pm	Family Swim 12pm-8pm		
	Masters Swim (Begins August 1) 5:30pm-6:30pm		Masters Swim (Begins August 1) 5:30pm-6:30pm	Masters Swim (Begins August 1) 5:30pm-6:30pm		
<b>2 lap lanes are always available for lap swimming to our members during family swim time</b>						

## Therapy Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Learn-to-Swim 8am-12pm <i>*No free swim during this time</i>	Adult Open Swim 6am-8am	Adult Open Swim 6am-8am	Adult Open Swim 6am-8am	Adult Open Swim 6am-8am	Adult Open Swim 6am-9am	Adult Open Swim 8am-9am
Family Swim 12pm-6:30pm	Learn-to-Swim (Ends Aug. 3) 9:30am-12pm	Learn-to-Swim (Ends Aug. 3) 9:30am-12pm	Learn-to-Swim (Ends Aug. 3) 9:30am-12pm	Learn-to-Swim (Ends Aug. 3) 9:30am-12pm	Camp Chai Rec Swim 12pm-1:30pm	Splash Ball! 9am-9:45pm
	Camp Rec Swim Ends August 11 12pm - 1:30pm	Camp Rec Swim Ends August 11 12pm - 1:30pm	Camp Rec Swim Ends August 11 12pm - 1:30pm	Camp Rec Swim Ends August 11 12pm - 1:30pm	Family Swim 9am-5:30pm	Family Swim 9:45am -6:30pm
	Family Swim 12:00pm-8:00pm	Family Swim 12:00pm-8:00pm	Family Swim 12:00pm-8:00pm	Family Swim 12:00pm-8:00pm		
<b>Learn-To-Swim at the JCC!</b> For more information about our swim lessons go to <a href="http://www.jccabq.org">www.jccabq.org</a> or call Ari Eddings, Swim Lessons Coordinator at 348-4497 or email <a href="mailto:aquatics@jccabq.org">aquatics@jccabq.org</a>						

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