

Ronald Gardenswartz Jewish Community Center  
 Max and Ruth Pollack Aquatic Complex Summer Schedule  
**September 5 - September 30**  
**Competition Pool**

Sunday 8am-6:30pm	Monday 6am-8pm	Tuesday 6am-8pm	Wednesday 6am-8pm	Thursday 6am-8pm	Friday 6am-4pm	Saturday 8am-6:30pm
Learn-to-Swim (2 Lanes) 8am-10am Ends Sep 17	Masters Swim 6am-7am	Adult Lap 6am-10am	Masters Swim 6am-7am	Adult Lap 6am-10am	Masters Swim 6am-7am	Adult Lap 8am-12pm
	Adult Lap Swim 7am-10am		Adult Lap Swim 7am-10am		Adult Lap Swim 7am-10am	
	Aquaerobics 9am-10am	Aqua Zumba 9am-10am	Aquaerobics 9am-10am	Aqua Zumba 9am-10am	Aquaerobics 9am-10am	Aquaerobics 9am-10am
Family Swim 10am-6:30pm	Adult Lap Swim 10am-4pm (no lifeguard)	Adult Lap Swim 10am-4pm (no lifeguard)	Adult Lap Swim 10am-4pm (no lifeguard)	Adult Lap Swim 10am-4pm (no lifeguard)	Adult Lap Swim 10am-5:30pm (no lifeguard)	Family Swim 12pm-6:30pm
	Family Swim 4pm-8pm	Water Polo Practice 4:30pm-6:00pm (only one lap lane available)	Family Swim 4pm-8pm	Water Polo Practice 4:00pm-5:30pm (only one lap lane available)	Stroke Clinic 5:30pm-7:30pm	
Do you have any aquatics questions? Contact Oskar Petersen, Aquatics Director 348-4497	Masters Swim 5:30pm-6:30pm	Stroke Clinic 5:30pm-6:30pm	Masters Swim 5:30pm-6:30pm	Masters Swim 5:30pm-6:30pm	Pool Closed 5:30pm-6pm	

Therapy Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Learn-to-Swim 8am-12pm <b>POOL CLOSED</b>	Open Swim 6am-10am	Open Swim 6am-10am	Open Swim 6am-10am	Open Swim 6am-10am	Open Swim 6am-10am	Family Swim 8am-6:30pm
	Pool Closed 10am-4pm	Pool Closed 10am-4pm	Pool Closed 10am-4pm	Pool Closed 10am-4pm	Pool Closed 10am-6pm	
Family Swim 12pm-6:30pm	Family Swim 4pm-8pm	Family Swim 4pm-8pm	Family Swim 4pm-8pm	Family Swim 4pm-8pm		
	<b>Learn-To-Swim at the JCC!</b> For more information about our swim lessons go to <a href="http://www.jccabq.org">www.jccabq.org</a> or call Ari Eddings, Swim Lessons Coordinator at 348-4497 or email <a href="mailto:aquatics@jccabq.org">aquatics@jccabq.org</a>					