


Ronald Gardenswartz Jewish Community Center
Max and Ruth Pollack Aquatic Complex Summer Schedule
 May 1 - May 29
 Competition Pool

Sunday 8am-6:30pm	Monday 6am-8pm	Tuesday 6am-8pm	Wednesday 6am-8pm	Thursday 6am-8pm	Friday 6am-4pm	Saturday 8am-6:30pm
Adult Lap Swim 8am-12pm	Masters Swim 6am-7am	Adult Lap 6am-10am	Masters Swim 6am-7am	Adult Lap 6am-10am	Masters Swim 6am-7am	Adult Lap Swim 8am-12pm
	Adult Lap Swim 7am-10am		Adult Lap Swim 7am-10am		Adult Lap Swim 7am-10am	
	Aquaerobics 9am-10am	Aqua Zumba 9am-10am	Aquaerobics 9am-10am	Aqua Zumba 9am-10am	Aquaerobics 9am-10am	
Family Swim 12pm-6:30pm	Adult Lap Swim 10am-4pm (no lifeguard)	Adult Lap Swim 10am-4pm (no lifeguard)	Adult Lap Swim 10am-4pm (no lifeguard)	Adult Lap Swim 10am-4pm (no lifeguard)	Adult Lap Swim 10am-4pm (no lifeguard)	Family Swim 12pm-6:30pm
	Stroke Clinic 4pm-4:45pm	Family Swim 4pm-8pm	Stroke Clinic 4pm-4:45pm	Family Swim 4pm-8pm	Pool Closed @ 4pm	
Do you have any aquatics questions? Contact Oskar Petersen, Aquatics Director 348-4497	Swim Team Practice 4:45pm-7:00pm		Swim Team Practice 4:45pm-7:00pm			
	Family Swim 7:00pm-8pm	Masters Swim 5:30pm-6:30pm	Family Swim 7:00pm-8pm	Masters Swim 5:30pm-6:30pm		

2 lap lanes are always available for lap swimming to our members during family swim time

Therapy Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Learn to Swim 8:15am-12pm	Adult Lap Swim 6am-10am	Adult Lap Swim 6am-10am	Adult Lap Swim 6am-10am	Adult Lap Swim 6am-10am	Adult Lap Swim 6am-10am	Family Swim 8am-6:30pm
	Pool Closed 10am-4pm	Pool Closed 10am-4pm	Pool Closed 10am-4pm	Pool Closed 10am-4pm	Pool Closed 10am-4pm	
Family Swim 12pm-6:30pm	Stroke Clinic 4pm-4:45pm	Learn to Swim 4:15pm-6pm	Stroke Clinic 4pm-4:45pm	Learn to Swim 4:15pm-6pm		
	Family Swim 4:45pm-8pm	Family Swim 6pm-8pm	Family Swim 4:45pm-8pm	Family Swim 6pm-8pm		
	<p align="center">Learn-To-Swim at the JCC! For more information about our swim lessons go to www.jccabq.org or call Liz Reid, Swim Lessons Coordinator at 348-4497 or email aquatics@jccabq.org</p>					

Memorial Day 8am-3:30pm

monetary policy