



# Abe & Sophia Cohen Gymnasium

## February OpenGym

### Time

Jack Mullaney - Athletic, League, and  
Youth Programs Director - 348-4511

Monday's - *5:00am-4:00pm - Full Gym*  
*5:45pm-6:00pm- Half Gym*

Tuesday's *5:00am-7:00am - Full Gym*  
*7:00am-9:30am - Half Gym*  
*9:30am-4:00pm- Full Gym*  
*4:00pm-5:30pm- Half Gym/Pick-Up Basketball*  
*5:30pm-7:00pm- Full Gym / Pick-up Basketball*

Wednesday's - *5:00am-3:45pm - Full Gym*  
*3:45pm-5:00pm- Half Gym*  
*5:00pm-5:55pm- Full Gym*

Thursday's - *5:00am-8:00am - Full Gym*  
*8:00am-10:30am - HalfGym*  
*10:30am-3:30pm - Full Gym*  
*5:30pm-6:00pm- Half Gym*

Friday's - *5:00am-5:55pm - Full Gym*

Saturday's - *7:00am-8:00am - Full Gym*  
*12:00pm-1:30pm - Full Gym*  
*1:30pm-5:30pm - Half Gym*  
*5:30pm-7:00pm - Full Gym*

Sunday's - *7:00am-8:30am - Half Gym*  
*1:00pm-3:00pm - Half Gym*  
*5:00pm-7:00pm - Full Gym/ Pick-Up Basketball*

Times NOT shown,  
Gym is CLOSED!!!  
E.g.: 6pm-10pm Monday

### Gymnasium Rules & Policies:

1. No Food or Drink (other than Water) is allowed in the gym.
2. Appropriate footwear, with non-marking soles and proper gym attire are required.
3. Foul or inappropriate language is prohibited.
4. During Open Gym times, please share the space respectfully with other members.
5. This is a smoke free facility.
6. Members please refer to the full gym schedule in membership or the front desk for scheduled programs.
7. Always have fun!

All other times **Not** shown are set aside for Gym Rentals & Leagues.  
Please **Do Not** enter gym during Rented Space.  
Refer to full schedule on Gym Floor window, Membership or Front desk.