



**Abe & Sophia**  
**Cohen Gymnasium**  
**May OpenGym Time**

**Jack Mullaney - Athletic, League, and  
Youth Programs Director - 348-4511**

**Monday's** - 5:00am-9:30am - Full Gym  
9:30am-11:30am - Half Gym  
11:30am-3:30pm - Full Gym  
3:30pm-6:00pm - Half Gym

**Tuesday's** - 5:00am-9:30am - Full Gym  
10:30am-3:30pm - Full Gym  
3:30pm-6:00pm- Half Gym/Pick-Up Basketball

**Wednesday's** - 5:00am-10:00am- Full Gym  
10:00am-12:00pm- Half Gym  
12:00pm-3:30pm- Full Gym  
5:00pm-6:00pm- Full Gym

**Thursday's** - 5:00am-8:00am - Full Gym  
9:30am-10:00am- Half Gym  
11:00am-3:30pm- Full Gym  
3:30pm-6:00pm - Half Gym

**Friday's** - 5:00am-2:30pm-Full Gym  
2:30pm-6:00pm- Half Gym

**Saturday's** -10:00am-12:00pm - Half Gym  
12:00pm-1:30pm - Full Gym  
1:30pm-5:30pm - Half Gym  
5:30pm-7:00pm - Full Gym

**Sunday's** - 7:00am-11:00am - Half Gym  
1:00pm-3:00pm - Half Gym  
6:00pm-7:00pm - Full Gym/ Pick-Up Basketball

**Times NOT shown,**  
**Gym is CLOSED!!!**  
E.g.: 6pm-10pm Monday

**Gymnasium Rules &  
Policies:**

1. No Food or Drink (other than Water) is allowed in the gym.
2. Appropriate footwear, with non-marking soles and proper gym attire are required.
3. Foul or inappropriate language is prohibited.
4. During Open Gym times, please share the space respectfully with other members.
5. This is a smoke free facility.
6. Members please refer to the full gym schedule in membership or the front desk for scheduled programs.
7. Always have fun!

All other times **Not** shown are set aside for Gym Rentals & Leagues.  
Please **Do Not** enter gym during Rented Space.  
Refer to full schedule on Gym Floor window, Membership or Front desk.