

**Jewish Community Center of Greater Albuquerque
Max and Ruth Pollack Aquatic Complex Summer Schedule 2022**

Competition Pool

Sunday 7am-4:00pm	Monday 5:30am-7:00pm	Tuesday 5:30am-7:00pm	Wednesday 5:30am-7:00pm	Thursday 5:30am-7:00pm	Friday 5:30am-4:30pm	Saturday 7am-4:00pm
Adult Lap Swim 7:00am-4:00pm	Adult Lap Swim 5:30am-7:00pm	Adult Lap Swim 5:30am-7:00pm	Adult Lap Swim 5:30am-7:00pm	Adult Lap Swim 5:30am-7:00pm	Adult Lap Swim 5:30am-4:30pm	Adult Lap Swim 7am-4pm
		Aquaerobics 9am-10am	Aquaerobics 9am-10am	Aquaerobics 9am-10am		Aquaerobics 9am-10am
Learn-to-Swim 8am-1pm	Learn-to-Swim 8am-1pm	Learn-to-Swim 8am-1pm	Learn-to-Swim 8am-1pm	Learn-to-Swim 8am-1pm		Family Swim 1pm-4:00pm
	Camp Rec Swim 12:25pm - 3:30pm	Camp Rec Swim 12:25pm - 3:30pm	Camp Rec Swim 12:25pm - 3:30pm	Camp Rec Swim 12:25pm - 3:30pm	Camp Rec Swim 12:25pm - 3:30pm	
Family Swim 1pm-4:00pm	Family Swim 1pm-5:30pm	Family Swim 1pm-6:30pm	Family Swim 1pm-6:30pm	Family Swim 1pm-6:30pm	Family Swim 1pm-4:00pm	Do you have any aquatics questions? Contact Danielle Lambson, Aquatics Director 418-4457
	Aquaerobics 5:30pm-6:30pm					

Therapy Pool

Sunday 7am-4:00pm	Monday 5:30am-6:30pm	Tuesday 5:30am-6:30pm	Wednesday 5:30am-6:30pm	Thursday 5:30am-6:30pm	Friday 5:30am-4:00pm	Saturday 8am-4:00pm
Learn-to-Swim 8am-12pm <i>*No free swim during this time</i>	Adult Open Swim 5:30am-7:30am	Adult Open Swim 5:30am-7:30am	Adult Open Swim 5:30am-7:30am	Adult Open Swim 5:30am-7:30am	Adult Open Swim 5:30am-11:30am	Adult Open Swim 5:30am-11:30am
	Learn-to-Swim 8am-1pm <i>*No free swim during this time</i>	Learn-to-Swim 8am-1pm <i>*No free swim during this time</i>	Learn-to-Swim 8am-1pm <i>*No free swim during this time</i>	Learn-to-Swim 8am-1pm <i>*No free swim during this time</i>	Camp Rec Swim 12:25pm - 3:30pm	
Family Swim 1pm-4:00pm	Camp Rec Swim 12:25pm - 3:30pm	Camp Rec Swim 12:25pm - 3:30pm	Camp Rec Swim 12:25pm - 3:30pm	Camp Rec Swim 12:25pm - 3:30pm	Family Swim 1pm-4:00pm	Family Swim 1pm-4:00pm
	Family Swim 1pm-6:30pm	Family Swim 1pm-6:30pm	Family Swim 1pm-6:30pm	Family Swim 1pm-6:30pm		



Learn-To-Swim at the JCC!
For more information about our swim lessons go to www.jccabq.org or email aquatics@jccabq.org

