

PERSONAL TRAINER

The Jewish Community Center of Albuquerque (JCC) has an exciting opportunity for a dynamic, enthusiastic and customer service oriented personal trainer starting at 10+ hours/week. Specific shifts are Monday evenings 5-9pm, Tuesday evenings 4-9pm and every other Saturday afternoon 12-5pm. Benefits include free JCC Membership and staff discounts on numerous JCC programs.

If you'd like to work for a dynamic, professional, community and family-oriented organization and you meet the job requirements noted below, we'd like to hear from you.

KEY TASKS INCLUDE:

- Ensuring the safety of participants utilizing strength and conditioning areas of the JCC.
- Conduct new member consultations and assessments (FMS).
- Sell and conduct personal/small group training.
- Create a fun & welcoming atmosphere for the JCC members.
- Providing preventative maintenance cleaning and upkeep of the strength and conditioning areas.
- Create & lead innovative programs/classes.
- Help with JCC Fitness events and fundraisers.

REQUIRED QUALIFICATIONS:

- NASM, NSCA, ACSM, ACE certification.
- Having and maintaining a working knowledge of human anatomy and the concepts of functional exercise and fundamental principles of exercise science.
- An ability to design and execute individual and small group exercise fitness programs, tailored to the needs and attainable goals of the individual in a safe manner.
- An understanding of the importance of screening and client assessment; proficiency in conducting these evaluations – Functional Movement Screening (FMS).
- A desire to help and motivate clients to reach their health and fitness goals.
- An ability to motivate others in an encouraging and uplifting way towards improving their overall fitness and health.
- Excellent customer service skills

The JCC of Greater Albuquerque, founded in 2000, is a non-profit organization, open to all ages and stages of life, regardless of religious affiliation. The JCC mission is to enrich and inspire the entire community by offering quality, multi-generational fitness, wellness, cultural, recreational, social, and educational programs in a safe, nurturing, and welcoming environment that is respectful to all. The JCC has modern fitness and athletic facilities, an outdoor aquatics center, and an early childhood education center on its 10-acre campus. The JCC runs a wide variety of community, educational, recreational, and social service programs. This is a wonderful opportunity to join a community and family-oriented organization that offers an accepting, supportive environment with the highest standards of service to our members and to the community in which we live and work.

For consideration & to apply; please submit resume to [Connie George connieg@jccabq.org](mailto:connieg@jccabq.org)

The JCC is an Equal Opportunity Employer.