

Job Title: Spinning Instructor

Job Overview

We are searching for spirited Spinning™ instructors to lead multiple classes during the week. As a Spinning™ Instructor, you will be required to plan engaging lessons, ensure the proper use of bikes, and maintain the cleanliness of the workout space.

To be successful as a Spinning™ instructor, you should be able to motivate all participants, regardless of their level of fitness. An outstanding Spinning™ instructor will promote our business's interests by encouraging participants to partake in other classes.

Instructor pay rate varies based on levels of current certifications, years of experience and exclusivity to the JCC.

Responsibilities

- Devising fun and creative lesson plans that are appropriate for students of all fitness levels.
- Creating and maintaining a playlist of appropriate music for each class.
- Delivering lessons through the use of modeling and verbal instruction.
- Ensuring that participants use the equipment in a safe and appropriate manner.
- Suggesting tailored exercises for individuals with physical limitations or injuries.
- Tracking attendance at every class.
- Organizing themed spin classes to attract clients and maintain interest.
- Maintaining a clean and safe workout area.
- Ensuring that the microphone, sound system, and spinning bikes are in excellent condition at all times, and reporting to Group Fitness Director any issues with equipment

Spinning™ Instructor Requirements:

- High school diploma, GED, or equivalent.
- Successful completion of a Spinning™ instructor training program and is current, not expired.
- Demonstrable experience as a Spinning™ instructor.
- CPR certification.
- Ability to issue clear and succinct verbal directions.
- A knack for conducting lessons that cater to all fitness levels.
- Vibrant and personable disposition.
- Ability to motivate and challenge individuals to attain their fitness-related goals.

- Be in outstanding physical shape.

Disclaimer

This job description is intended to provide an overview of the requirements of the position. It is not necessarily all-inclusive and the job may require other essential and/or non-essential functions, tasks, duties, or responsibilities not listed herein. Management reserves the right to add, modify, or exclude any essential or non-essential requirement at any time with or without notice. Nothing in this job description, or by the completion of any requirement of the job by the employee, is intended to create a contract of employment of any type.

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